

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Egg of the Day	Egg of the Day	Egg of the Day	Egg of the Day	Egg of the Day	Egg of the Day	Bacon & Eggs
Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam
LUNCH						
Chicken and Rice Soup	Navy Bean Soup	Cream of Broccoli Soup	Chicken Noodle Soup	Split Pea Soup	Beef and Barley Soup	Cream of Tomato Soup
Homemade Pizza	Chicken Fried Rice	French Toast with Syrup	Cheese Quiche	Fish and Chips	Grilled Cheese Plate	Chicken Pie
Chef's Salad	Chef's Salad	Fresh Fruit	Caesar Salad	Coleslaw	Chef's Salad	French Fries
OR	OR	OR	OR	OR	OR	OR
Tuna Salad Sandwich	Egg Salad Sandwich	Corned Beef on Rye	Salmon Salad Sandwich	Chicken Salad Sandwich	Assorted Sandwich Plate	Seafood Salad Sandwich
Chef's Salad	Chef's Salad	Fresh Fruit	Caesar Salad	Coleslaw	Chef's Salad	French Fries
Pudding OR Pears	Banana Loaf OR Fruit	Apple Crisp OR Fruit	Custard OR Fruit	Ice Cream OR Fruit	Assorted Desserts	Ice Cream OR Fruit
DINNER						
Sauteed Snapper	Liver and Fried Onions	Lamb Stew	Chicken Parmesan	Honey Garlic Meat Balls	Cheese Tortellini	Roast Beef
Rice Pilaf	Whipped Potato	Tea Biscuit	Whipped Potato	Rice	Tomato Sauce	Whipped Potato
Mixed Vegetables	Sweet Corn		Steamed Broccoli	Green Beans	Steamed Broccoli	Carrot Slices
OR	OR	OR	OR	OR	OR	OR
Baked Chicken	Beef Goulash	Chicken and Spinach	Barb-B-Q Port Chops	Chicken Kiev	Shepherd's Pie	Turkey Schnitzel
Rice Pilaf	Whipped Potato	Noodles	Whipped Potato	Rice	Steamed Broccoli	Whipped Potato
Mixed Vegetables	Sweet Corn	Peas and Carrots	Steamed Broccoli	Green Beans		Carrot Slices
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts